

# ADHD Initial Checklist

If you decide to use the checklist below to see if it appears to "fit" the student, remember you are not making a diagnosis but simply trying to determine if it would be useful to refer the student onto professionals who are in a position to make an identification of ADHD and suggest appropriate responses (which may include medication). Ideally, the checklist should be completed collaboratively by two or more staff.

Student		Date		Staff	
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This student has been known to staff for \_\_\_\_\_ weeks / months.

The student...	always	often	rarely	never
1. appears to experience difficulty in paying attention during teacher-talk, resulting in mistakes when completing tasks.				
2. fails to listen even when spoken to directly.				
3. appears to experience difficulty in sustaining concentration when engaged in practical or play activities.				
4. displays a dislike for and will actively avoid tasks which require sustained concentration and thought.				
5. even when motivated and engaged, will struggle to complete a task.				
6. struggles to organize their thoughts and follow a reasonable plan of action – despite understanding what is expected of them.				
7. struggles to follow routine tasks – has to be constantly reminded about routines because they appear to have forgotten.				
8. is over alert and easily distracted – has a tendency to turn towards any movement or loud noise.				
9. is persistently active with little need for rest periods.				

10. appears much more restless than their peers, will often squirm and swing on their chair.				
11. will wander around the classroom for no apparent reason.				
12. will take any opportunity to engage in running around, climbing, play fighting etc.				
13. will say things that are not thought out, often inappropriate.				
14. appears to be talking for the sake of it.				
15. will blurt out responses before a question, instruction or piece of information has been fully given.				
16. will use inappropriate strategies to join a conversation or game such as barging in, loud interrupting etc.				
17. has problems with turn taking.				
18. appears to have little or no sense of danger				
19. will lose things such as pens, pencils, bus fare etc.				

Further Action:	
	This student requires continuous support with their additional needs.
	This student requires occasional support with their additional needs.
	This student is not a cause for concern.

**Sources:**

<http://www.educational-psychologist.co.uk/adhdcklist.htm>

<http://www.nhs.uk/Conditions/Attention-deficit-hyperactivity-disorder/Pages/Symptoms.aspx?url=Pages/What-is-it.aspx>